

**Stay Positive—2  
I'm Grateful**

Luke 17:11-18

**Three Statements That Will Help You Choose Gratitude**

**1) I know every good thing I have comes from God.**

James 1:17

**2) I will not let what I want rob me of what I have.**

Ecclesiastes 6:9

Philippians 4:11-13

**3) I'll turn every blessing I have into praise.**

Psalms 63:4-5

Psalms 103:2-5

**Take It Home**

Write at least two thank-you notes this week: one to God and one to someone who's blessed you.